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# Cacophony of outcome scales in schizophrenia

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# Background

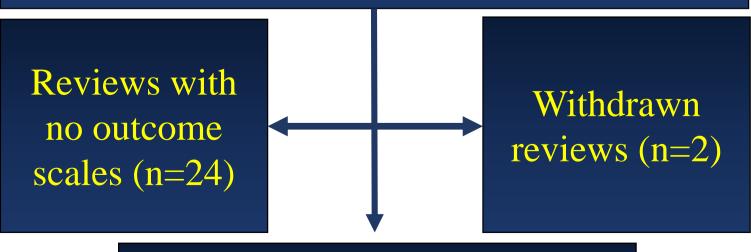
- Cochrane Schizophrenia reviews cite and describe every randomised trial's rating scale/measure which provides usable data.
- Unless these citations and descriptions are consistent readers will have different understandings of the meaning of the evidence.

# Aim

To investigate consistency in reporting of scales within Cochrane Schizophrenia reviews.

# Methods - 1

Cochrane Library search - 'Schizophrenia' in review title (n=166)



Reviews with useable data from outcome scales (n=140)

### Methods - 2

- Data were manipulated in MS Excel and Access and ordered by frequency of use\*
- The 10 most popular scales were selected and their relevant information tabulated from a reference textbook<sup>1</sup>\*\* and from out of the Cochrane reviews.
- The results were compared.

### Results

- ◆ 140 reviews contained 307 unique scales (~ 2.2 new scales/review)
- 18 scales (6%) scales were used in more than 10 reviews
- ◆ Cochrane reviews are highly but not perfectly consistent.
- For the 10 most common scales:
  - there is consistent use of abbreviations (80%), names (80%) and references (70%); but
  - discrepancies frequently occur in the exact *description* of each scale (40% of reviews) \*\*\*

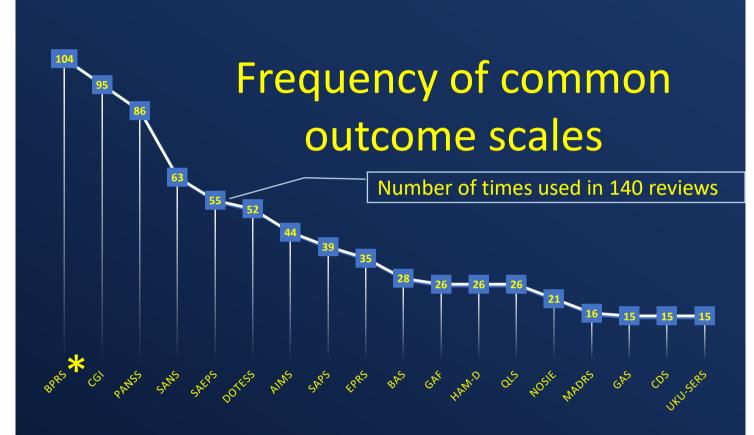


QR code links to:

\*Full Names

\*\*Master Scales

\*\*\*List of discrepant scales



## Conclusions

Cochrane review consistency is high—but use of standard text (name, abbreviation, reference, description and utility) would save time, improve the product, and assist automation.

**Reference** 1. Van Riezen et al. Rating Scales for Psychoneuropharmacology. 2000. Elsevier Science: Amsterdam, Netherlands.

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